



Mayu Meditation Cooperative

Official Ballot

for Board of Directors, Secretary

Co-ops are defined by their egalitarian voting structure. Unlike traditional corporations, no one can buy influence in a co-op. Each member with voting rights gets one, and only one, vote.

The democratic nature of a co-op ensures it will always be beholden to its members, operating for their benefit rather than for the benefit of a small group of shareholders.

Your vote matters!

Bios and photos of each nominee can be found on page 2.

Nominees for Secretary (select one)

A.C. Hill

Jessica Humphrey

Voting Deadlines

US Mail: must be received by Saturday, June 29th

In Person: must be received by 7:00pm Sunday, June 30th

Mailing Address:

Mayu

1804 S. Pearl Street

Denver, CO 80210

* Voting is a benefit of Plus, Full or Professional membership. Ballots from non-voting members will be disregarded.

Member Bios for Secretary Nominees

A.C. Hill



I absolutely adore the Colorado lifestyle, and would be honored by the opportunity to serve the Denver community. My meditative journey began in an earlier stage of my life. During high school my Chinese language teacher guided our class through meditative breathing before his instruction. I did not realize at the time, but a transformative seed was planted within my psyche. This seed laid dormant for years, and fully bloomed once I joined the Mayu community.

I joined Mayu in June 2018, and since that time my mind has been opened to the transformative nature of self reflection. I now meditate several times a week, and make a conscious effort to embrace drop-in meditation sessions.

My collegiate journey provided me with the opportunity to hold various executive board positions. As a brother of Alpha Phi Alpha Fraternity Incorporated, I served as my chapter's Secretary, Historian, and Treasurer. These positions sharpened by communications and recording skills. I was personally responsible for recording minutes, creating budgets, and facilitating correspondence between my chapter and the school community. I would thoroughly enjoy the chance to serve you as a Board Secretary.

Jessica Humphrey



I would like to be considered for Mayu's Board Secretary for two reasons: one because when I volunteer, I tend to be the most organized and able to keep everyone on task. I also keep very good track of details (even the smallest ones), and archiving and keeping records is one of the things that I'm best at.

The other reason that I'd like to be considered is that the center has become an important part of my life. Even though I don't get in as often as I'd like to, Mayu has literally saved my life by acting as a safe and comfortable place when I've felt drowned by both life and mental illness. I'd like to go beyond just being a member, and contribute back even a little of what I've gained by being here. Nothing would make me happier than helping Mayu grow and thrive however I can.

A little about me.. I'm a Baltimore born and raised artist, designer, and musician, and I've lived in Colorado for almost two years now. When I'm not working or creating things (mainly illustrations), I'm practicing capoeira, or gaming.